

Medication Management Frequently Asked Questions

How do I get an appointment with the nurse practitioner?

To get an appointment with the nurse practitioner a counselor from the Center must refer you.

Will the nurse practitioner know what I'm working on in counseling? Will my counselor know what I have discussed with the nurse practitioner?

Yes. Your counselor works together with the nurse practitioner to monitor the progress and concerns of each student.

Is there any cost to meet with the nurse practitioner?

No. If you are currently enrolled, you can meet with the nurse practitioner for free. However, if you are prescribed a medication, it is your responsibility to cover that cost.

Will my parents find out?

All consultations with the nurse practitioner are confidential. The nurse practitioner will not release any information without your written consent. However, if you are prescribed a medication that requires your insurance to be billed, your parents may find out that way. If this is a concern, please address it with the nurse practitioner during your meeting.

Will I be able to get a prescription for ADHD or ADD through the nurse practitioner?

No. The nurse practitioner is unable to prescribe stimulant medication. Your counselor will be able to refer you to a physician if you have a diagnosis of ADHD or to a psychologist for testing.

Can I see the nurse practitioner if I am seeing a counselor in the community or through TELUS Health?

No. Students must be referred to the nurse practitioner by an on-campus counselor. If a student is receiving counseling outside of the Center, we refer them to a community health provider for medication needs.