

INTERVIEW SKILLS: S.T.A.R. METHOD



Use the S.T.A.R. Method to answer behavioral interview questions. This method helps you to describe your experience and articulate your skills to the interviewer.

S	T	A	R
Situation	Task	Action	Result
Set the scene and give relevant details about the situation	Describe the problem, conflict, challenge or accomplishment	Explain the steps you took to address it	State the outcome of your actions

Practice the S.T.A.R. Method for these common behavioral interview questions:

- Tell me about a conflict you've faced at work and how did you handle it?
- Give an example of a time you went above and beyond what was expected of you.
- Describe a time you've made a mistake

