

## **Michigan Technological University**

### **Minor in Coaching Fundamentals**

Program Code PECF, Academic Year 2025-2026

Department of Kinesiology and Integrative Physiology

Minimum Credits Required: 18

#### **Required Courses: 13 credits**

- KIP 2100 Intro to Athletic Training (3) *Prereqs: none*
- KIP 3000 Sports Psychology (3) *Prereqs: PSY2000*
- KIP 3300 Foundations of Coaching (3) *Prereqs: none*
- KIP 3310 Coaching Methods and Principles (2) *Prereqs: none*
- KIP 4690 Coaching Practicum (2) *Prereqs: KIP3000 and KIP3300 Note: Student will assist with a sport activity of their choice for 40 to 60 hours. Subject to approval of the endorsement advisor, they will assist a head coach at Michigan Tech, at a school, or other team situation.*

#### **Elective Course, choose one Administrative class for 3 credits**

- KIP 3400 Sports Administration (3) *Prereqs: none*
- KIP 3410 Facilities and Events Management (3) *Prereqs: none*
- KIP 4610 Legal Issues/Sport Fitness Management (3) *Prereqs: none*

#### **Elective Courses, area of interest: Choose one**

- KIP 2300 Sports & Fitness Leadership (2) *Prereqs: none*
- KIP 2400 Principles of Sports Officiating (2) *Prereqs: none*
- KIP 3200 Personal Training (2) *Prereqs: BL2020 and BL2021 and KIP3100*
- KIP 4400 Strength & Conditioning (3) *Prereqs: BL 2020 and BL2021*
- KIP 4710 Sports Medicine and Ethics (3) *Prereqs: none*